## **HOMEOPATHY**

Thinking of homeopathy brings to mind the tiny sweet globules in tiny cylindrical bottles. Ask those a little more knowledgeable, will tell you that homeopathic is great, has no side effects and is therefore safe. But does anyone know what homeopathy can cure. Most people think it's for nothing more than mild cough and cold and headaches. Nothing can be further from truth.

Homeopathy is the world's fastest growing alternative therapy. It's safe as it has no side effects and cures completely in contrast to the suppression of disease that is done by the other therapies. It is effective against all kinds of acute and chronic diseases such as respiratory, cardiac, orthopedic, dermatological, gynecological, neurological, mental and digestive. It can treat both, bacterial as well as viral infections. Matters of fact, certain chronic diseases are only amenable to homeopathy.

Homeopathy can correct the position of the fetus in the womb, remove fish bone stuck in the throat without surgery, correct the composition of blood serum electrolyte, and dissolve kidney and gall stones, cure intractable skin disorders, remove effects of emotional and physical trauma; the list goes on.

Homeopathy has its origin in Germany. Its founder Dr. Samuel Hahnemann was born in 1755, completed medical school in 1779. After graduation, he decided not to practice medicine as he considered that the medical treatment available in his days was doing more harm to the patient than the disease itself. He took to academic works like translating medical books from one language to another. It was when he was translating the Materia Medica by the English doctor Cullen that he came upon the medicine called Cinchona Bark. It is a bark of a tree that grows in Peru in South America and was in his time, the cure for malaria. The reason given in Cullen's Materia Medica for Cinchona Bark being able to cure malaria was that it is very aromatic. Hahnemann thought that this could not be the reason for the Cinchona Bark's ability to cure malaria as there were other substances, more aromatic than the Cinchona Bark and they could not cure malaria. Hahnemann went and bought some Cinchona Bark from the market. When he ingested some of it, to his surprise, he developed all the symptoms of malaria. He then cured himself with Cinchona bark, which was then the cure for malaria. He then experimented with other substances and found that the disorders they caused could be cured by them. He then enunciated the law of cure, 'Similia Similibus Curenter', which when translated into plain English means 'Let Likes Cure Likes'.

If you peel an onion, it will make your eyes water and your nose burn. If you have an attack of hay fever with watering eyes and burning nose, then homeopathic onion will cure you.

Poison Ivy causes redness and small blisters, intense itching and stiff muscles. Homeopathically it is used from herpes and burns to eczema to arthritis.

Coffee can overstimulate the mind causing insomnia. Homeopathic coffee can calm an over stimulated mind and restore sleep.

When you are stung by a bee, you feel a burning stinging pain and the tissues around the area become inflamed. Some relief is felt by applying cold water to the inflamed parts. If you have similar symptoms with swollen tonsils, relief can be obtained by taking homeopathic bee poison.

Over two thousand substances are in use today as homeopathic remedies. It becomes difficult to pick the right remedy with certainty. For this, careful comparison with similar remedies is necessary as has been demonstrated with the example below:

Disorders of digestion

Bry, Nux V, Puls

All have sensation of stone in stomach, Bry and Nux more than Puls.

Bry leads in thirst, Nux less, Puls least.

All have bad taste in mouth, Bry and Puls bitter, Nux sour.

All have nausea and vomiting, Bry worse motion, Nux in the AM and after eating, Puls Evening and also after eating.

Bry- worse warm weather, Nux – spices, alcohol, coffee, Puls – fatty foods

In this way, the right medicine is selected.

In homeopathy, the medicine is not picked as per the disease; rather, it is picked as per the peculiarities of the patient.

## Why should you adopt homeopathy

- 1. Bacteria develop resistance to antibiotics and there are no anti-viral
- 2. Homeopathic remedies are cheap
- 3. Treatment can be started immediately as detailed diagnosis are not required
- 4. Homeopathy is safe antibiotics have serious side effects
- 5. Homeopathic remedies can be used as prophylactic like vaccines
- 6. People allergic to antibiotics can be treated with homeopathy without any adverse effect
- 7. Homeopathy heals faster and permanently
- 8. Homeopathy can help you avoid surgery
- 9. Homeopathic remedies detoxifies the body, conventional drugs toxify

## Some miracles of homeopathy

After boiling tea was splashed on the face, a lady lost her eyesight. Three hours after the accident a dose of Carbolic acid-200 was given and it restored her vision in thirty minutes.

A person fell from a coconut tree from a height of forty-five feet. He was hospitalized. Fractures healed, but he could not get up and walk. After a month he was discharged in bedridden condition and doctors said that they could not do anything further; Millefolium cured him in one day

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